

# TEAMZ

## RESTAURANT & BAR

### Daily SPECIALS

*with purchase of beverage*

#### MONDAY

- Any Burger & Fries  
\$5.50  
Chicken Paprikash  
\$8.99

#### TUESDAY

- Hard or Soft shell  
Beef Tacos 99¢ each  
Chicken \$2.00 each

#### The C.A.B. Cristian's Amazing Burrito

\$8.99

Steak tips, mixed cheese, rice, salsa, white onion, with guacamole ranch sauce all wrapped in a tortilla and panini pressed.

#### WEDNESDAY

- Spaghetti & Meatballs  
\$5.99  
Half-Price Pizza

#### THURSDAY

- 8 oz. Sirloin Steak  
Dinner with one side  
\$6.99

#### FRIDAY THRU SUNDAY

- Delmonico Steak or  
Prime Rib with two sides  
\$21.99

- Cabbage Roll Dinner  
\$9.99

- Fried Perch Dinner  
\$11.99

- Ribs with one side  
Half slab \$12.99  
Full slab \$16.99

#### SATURDAY

- Half-Price Pizza

#### SUNDAY

- Half-Price Wings



# The STARTING LINEUP

**WINGS** Traditional or Boneless served with celery and homemade ranch or blue cheese dressing.

10...\$11.99      20...\$21.99

(Two Flavor Maximum)

**Sauces:** Mild, Hot, BBQ, Mississippi Mash, Teriyaki, Spicy Garlic, Ray's Sauce, Honey Sriracha, Sweet Red Chili.

**Dry Rubs:** Cajun, Lemon Pepper, Garlic Parmesan, Mango Habanero, Smokehouse Maple



## CHICKEN TENDERS

Five boneless chicken strips deep fried and accompanied with a side of fries and dipping sauce. \$9.99 Add extra Tenders for \$1.99 each

**CHEESE STICKS** Lightly breaded provolone cheese fried to a golden brown and served with marinara sauce. \$7.99

**POTATO SKINS** Topped with cheddar cheese, bacon, scallions, and served with sour cream. \$8.99

**QUESADILLA** Filled with mixed cheese, diced tomato, scallions, and served with sour cream and salsa. \$7.99 With Chicken \$9.99

## VEGGIE EGG ROLLS

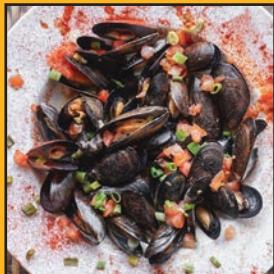
Four veggie rolls accompanied by our sweet red chili. \$9.49

**CHIPS & SALSA** A sizable platter of seasoned tortilla chips accompanied with a side of salsa and our homemade guacamole. \$5.99

## SPINACH ARTICHOKE DIP

Chopped spinach and artichokes mixed with a blend of cheeses, broiled till bubbly hot and served with fried tortilla chips. \$9.99

**MUSSELS** One lb. of steamed mussels tossed in white wine and garlic butter and topped with tomatoes and scallions before serving. Served with a roll. \$10.99



**ULTIMATE NACHOS** Fresh tortilla chips topped with nacho cheese sauce, scallions, diced tomatoes, jalapenos, your choice of Chicken or homemade Chili. Served with a side of sour cream and homemade salsa. \$9.99

## TEAMZ SAMPLER

Choose three of the following: \$12.99

Four-Chicken Wings  
Four-Cheese Sticks  
Six-Onion Rings  
Three-Potato Skins  
Three-Chicken Tenders



## PRETZEL STICKS

Three fresh baked soft pretzel sticks served with a side of nacho cheese sauce. \$7.49

## SOUPS

### LOADED POTATO CHEESE

Homemade creamy potato and cheese soup topped with cheddar cheese, bacon, and scallions. Cup \$2.99 Bowl \$3.99

### SOUP OF THE DAY

See your server for daily selection.  
Cup \$2.99 Bowl \$3.99

### TEAMZ SIGNATURE CHILI

Topped with cheddar cheese and onion.  
Cup \$3.99 Bowl \$4.99

## LITTLE LEAGUERS

**HAMBURGER & FRIES..... \$4.49**

**CHEESEBURGER & FRIES..... \$4.99**

**CHICKEN TENDERS & FRIES..... \$4.99**

**CHEESE PIZZA..... \$4.99**

**GRILLED CHEESE & FRIES..... \$3.99**

**MACARONI & CHEESE..... \$3.99**

**SPAGHETTI MARINARA..... \$3.99**

# SALADS

**SALAD DRESSING CHOICES:** Homemade Ranch, Homemade Blue Cheese, Italian, Honey Mustard, Balsamic Vinaigrette, Thousand Island, Asian Plum, Caesar, Oil & Vinegar, French, Strawberry Vinaigrette, and Sweet Onion Vidalia.

## HOME GARDEN SALAD

Mixed greens, tomato, cucumber, red onion, mixed cheese, croutons, and choice of dressing. \$4.49

## CLASSIC CAESAR SALAD

Romaine lettuce, shredded parmesan cheese, and croutons with a creamy Caesar dressing on the side. \$7.49  
With Chicken \$10.99

**SIGNATURE SALAD** Mixed greens, cucumber, tomato, red onion, mushroom, mixed cheese, hard boiled egg, and choice of crispy or grilled chicken and choice of dressing. \$10.99



**S.A.S.** Mixed greens topped with steamed asparagus, avocado, onions, tomatoes, and our 10 oz. top sirloin cooked to temperature. \$15.99

**COBB SALAD** Mixed greens, rows of diced tomato, cucumber, bacon, chopped egg, avocado, chicken, crumbled blue cheese, and choice of dressing. \$10.99



**ORIENTAL CHICKEN SALAD** Mixed greens, fried wontons, toasted almonds, mandarin oranges, and grilled chicken served with a side of Asian Plum dressing. \$10.99

# SIGNATURE BURGERS

**CLASSIC** Fresh 1/2 lb burger charbroiled just the way you like it. \$9.99

**CHEESEBURGER** Teamz classic burger with your choice of American, Swiss, mozzarella, cheddar or pepper jack cheese. \$10.49

**TRIPLE PLAY** Burger smothered with sautéed mushrooms, mozzarella cheese, and crispy bacon. \$10.99

**SMOKEHOUSE** Burger topped with homemade BBQ sauce, cheddar cheese, and topped with a crispy bacon. \$10.99

**PATTY MELT** Burger with sautéed onions, American cheese, and served on grilled rye bread. \$10.99

**TEAMZ DOUBLE STACK** Two 4 oz. patties melted with two slices of American cheese, stacked on a bun filled with sautéed onions, bacon, and thousand island sauce. \$10.99

**NOW AVAILABLE:** HAWAIIAN BUN OR PRETZEL BUN FOR ADDITIONAL 99¢

**BURGER SIDE CHOICES:** Served with your choice of seasoned French fries, sweet potato fries or hand-cut chips. Substitute onion rings or home cut french fries for \$1.99

**CHICKEN SWAP:** Beef can be substituted with chicken at no additional cost (when not on special)

**BLACK & BLUE** Burger with cajun seasoning and crumbled blue cheese. \$10.99

**SHROOMER** Burger topped with sautéed mushrooms, Swiss cheese and served with a side of garlic aioli. \$10.99

**FIREBALL** Burger glazed with teriyaki sauce, pepper jack cheese, served with a side of spicy atomic sauce. \$10.99

**BREAKFAST** Burger with American cheese, bacon, and a well done egg served on a brioche bun. \$11.99

~~~ New ~~~

## WEST COAST

1/2 lb. Angus burger topped with chopped pickles, jalapeños, bacon, cheddar, mozzarella, provolone cheese, sliced avocado, and drizzled with our honey sriracha sauce on a pretzel bun. \$10.99



# SPECIALTY SANDWICHES & WRAPS

Served with Seasoned French Fries, Sweet Potato Fries or Hand-Cut Chips.

## TRADITIONAL PHILLY STEAK

Juicy steak smothered with mozzarella cheese, sautéed onions, and peppers.  
\$10.99

**REUBEN** Homemade corned beef piled high with melted Swiss cheese and sauerkraut on grilled rye bread served with a side of thousand island dressing. \$10.99

**ITALIAN SUB MELT** Panini pressed French bread with pepperoni, salami, ham, turkey, mozzarella cheese, banana peppers, onion, tomato, and mayonnaise. \$10.99

**ULTIMATE CLUB** Shaved turkey, ham, American and Swiss cheese, bacon, lettuce, tomato, and mayonnaise served on oat bread. \$10.49

**CHOICE PANINI** Create your own combo of one choice of meat (Capicola, Ham or Turkey) and choice of cheese, topped with home cut fries, homemade coleslaw, and served with thousand island dressing. \$10.49

## SAM'S SRIRACHA CHICKEN

Fried chicken breast on a pretzel bun basted in sriracha mayo sauce and topped with pepper jack cheese, lettuce, tomato, and red onions. \$10.49

**TLTG SANDWICH** Unlike the BLT the TLTG is a sandwich comprised of sliced turkey, lettuce, tomatoes, and smothered with delicious homemade Guacamole. \$10.49 Add bacon 49¢

**CHICKEN GRILL** Grilled seasoned chicken accompanied by lettuce, tomato, Swiss cheese, and bacon served on a Brioche bun. \$10.49



## CAJUN SHRIMP WRAP

Cajun grilled shrimp wrapped in a tortilla, garnished with lettuce, tomato, onion, and special sauce. \$10.49

**HONEY TURKEY WRAP** Shaved turkey, Swiss cheese, crispy bacon, tomato, lettuce, and chipotle mayo wrapped in a flour tortilla. \$9.99

## BUFFALO CHICKEN WRAP

Deep fried chicken tenders tossed in buffalo sauce, lettuce, tomato, red onion, cheddar cheese, and buffalo ranch dressing wrapped in a flour tortilla. \$10.49



## PICK 2 COMBO

### HALF SANDWICH FAVORITES

Choose from a selection of three sandwiches listed below accompanied by a cup of soup or a home garden salad. \$10.49

Ultimate Club  
Reuben Sandwich  
Philly Steak

### SOUPS/SALAD COMBO

Loaded potato cheese soup, Homemade chili, or soup of the day with house salad. \$9.99

# MAIN EVENTS

## SIRLOIN TIPS &

**NOODLES** Well-seasoned 8 oz. grilled sirloin, diced and served atop a portion of noodles accompanied with sautéed onions and mushrooms, covered in homemade beef gravy. \$12.99



## CALIFORNIA GRILLED

**CHICKEN** Well-seasoned grilled chicken topped with homemade guacamole, diced tomatoes and red onion, served with a choice of two sides. \$12.99



## CAJUN SHRIMP

**SKEWERS** Skewered shrimp grilled and seasoned with Cajun seasoning with a choice of two sides. \$13.49



## CAJUN CHICKEN

**TORTELLINI** Cajun chicken and tri-color tortellini in a creamy cajun alfredo sauce served with garlic bread. \$13.99



**TOP SIRLOIN** Juicy 10 oz. center cut served with a choice of two sides. \$16.49



## BABY BACK RIBS

Slow cooked ribs smothered in homemade BBQ sauce served with creamy coleslaw and choice of baked potato, homemade creamy mashed potatoes, seasoned fries, or sweet potato fries.

Half Slab \$15.99

Full Slab \$20.99

## BART'S HOMEMADE

### MEATLOAF

Bart's tender homemade meatloaf topped with beef gravy and accompanied with a choice of two sides. \$11.99

## FISH & CHIPS PLATTER

Hand-breaded North Atlantic cod served with seasoned fries, creamy coleslaw and tartar sauce. \$12.49

## HERB GRILLED SALMON

Atlantic grilled salmon topped with lemon garlic butter, served with jasmine rice and a choice of steamed vegetables. \$15.99

## SPAGHETTI MARINARA

Spaghetti topped with a generous portion of sauce and topped with parmesan cheese served with a slice of garlic toast. \$10.49  
With Meatballs \$13.49

## FETTUCCINI ALFREDO

Fettuccini noodles tossed in a creamy alfredo sauce, topped with parmesan cheese and served with a slice of garlic toast. \$11.49.  
With Chicken \$14.49  
With Shrimp \$15.49

## CHICKEN PARMESAN

Hand-breaded chicken cooked to a golden brown, topped with homemade marinara sauce and melted mozzarella cheese served with a side of spaghetti and a slice of garlic toast. \$14.49

# SIDES

Baked Potato, Mashed Potato,  
Green Beans, Seasoned Fries,

Jasmine Rice, Broccoli, Sweet Potato  
Fries, Tater Tots, Applesauce, Coleslaw,  
Hand-cut Chips or Mac n Cheese

Add a cup of soup for \$1.99  
Home garden salad for \$3.99  
Side of asparagus for 99¢

Consuming raw or undercooked foods may increase your risk of foodborne illness.

*Build  
Your Own!*

# PIZZA & FLATBREADS

*Hand-tossed crust, pizza sauce, mozzarella & provolone cheese blend*

## 10" CHEESE PIZZA \$7.99

10" Pizza extra toppings \$1.49 each

## CHEESE FLATBREAD \$7.99

Flatbread extra toppings 99¢ each

## 14" CHEESE PIZZA \$10.99

14" Pizza extra toppings \$1.99 each

### GLUTEN FRIENDLY CRUST\*

Our gluten friendly pizza crust is 100% gluten free,  
unfortunately our kitchen environment is not.  
Add \$2 up charge on each pizza.

*Choose Your Toppings!*

Extra Cheese, Pepperoni, Italian Sausage, Ham, Bacon,  
White Onions, Black Olives, Mushrooms, Green Peppers,  
Banana Peppers, Jalapeños, Broccoli, Red Onion and Pineapple.

## SPECIALTY PIZZA & FLATBREADS

### MEAT LOVER'S

Homemade red sauce,  
pepperoni, Italian  
sausage, bacon, ham,  
salami, and mozzarella  
cheese blend.

10" \$12.99 14" \$15.99  
Flatbread \$10.99



### CHICKEN BACON RANCH

Homemade ranch  
dressing, chicken,  
bacon, mozzarella  
cheese, topped with  
sriracha.

10" \$11.99 14" \$14.99  
Flatbread \$9.99



### MARGHERITA

Garlic white sauce,  
tomato, fresh basil,  
and mozzarella  
cheese blend.

10" \$11.99 14" \$14.99  
Flatbread \$9.99



### FRENCH BREAD PIZZA

Two cut portions of  
one-third loaf of French  
Bread topped with  
garlic butter, red sauce,  
and mozzarella cheese  
blend. \$6.99  
Add toppings 99¢ each



### DELUXE

Homemade red sauce,  
pepperoni, Italian sau-  
sage, mushroom, green  
pepper, red onion, and  
mozzarella cheese blend.

10" \$12.99 14" \$15.99  
Flatbread \$10.99



### MICHELLE'S LUAU

BBQ sauce, mozzarella  
cheese, chicken, bacon,  
pineapple, banana pep-  
pers, green pepper, a  
touch of cinnamon. Try it  
like Michelle and ask for it  
without cheese on top.

10" \$12.99 14" \$15.99  
Flatbread \$10.99



# MEDITERRANEAN

## Specials



**GYRO**  
with one side  
**\$9.99**



**SIX GRAPE LEAVES**  
with Pita Bread  
**\$9.99**



**HUMMUS**  
with Pita Bread  
**\$4.99**



**TABOULI**  
with Pita Bread  
**\$4.99**

### MEDITERRANEAN SAMPLER

**\$10.99**

Four Grape Leaves  
Side of Hummus  
Side of Tabouli

*Served with Pita Bread & Lemon-Garlic Yogurt*



### MEDITERRANEAN FEAST

OUR Mediterranean Sampler (above)

PLUS your choice of  
Two Grilled Chicken Kebobs **\$17.99**

or

Two Beef Filet Kebobs **\$19.99**



### GRILLED CHICKEN KEOBOS

**\$14.99**

### BEEF FILET KEOBOS

**\$16.99**

*Served with*

Side of Rice  
Side of Lemon-Garlic Yogurt  
Served with Pita Bread



### MEDITERRANEAN VEGGIE WRAP

**\$9.99**

Wrap filled with Hummus, Couscous, Lettuce, Tomato, and Roasted Eggplant, Mushroom, and Cauliflower.



# SATURDAY & SUNDAY BRUNCH

*Served Saturdays and Sundays 10:00 am to 1:00 pm*

## TEAMZ CLASSIC BREAKFAST

Your choice of two slices of bacon or two sausage links, with your style of two eggs, and toast. \$4.99

**BREAKFAST SANDWICH** Your choice of four slices of bacon, two slices of ham or sausage patty with a fried egg, American cheese on 9-grain whole bread. Served with home fries. \$5.99

## HOMEMADE BELGIAN WAFFLE

One pressed fresh homemade waffle with whipped cream. \$4.99

*Add Strawberries, Bananas, or Blueberries 99¢ Each*

## GOOD MORNING PHILLY

Traditional Philly steak smothered with mozzarella cheese, fried egg, sautéed onions, and peppers.

*Pick your Mayo: Original, Chipotle, or Sriracha*

Served with home fries. \$10.49

## BREAKFAST QUESADILLA

Scrambled eggs, mixed cheeses, white onion, tomato, and bacon pressed in a hot tortilla.

\$7.49 With Chicken \$9.49

## BREAKFAST PIZZA

10" \$11.99 14" \$14.99

Hand-tossed crust with an egg base covered in bacon, sausage, ham, white onion, and green pepper topped with a mozzarella and provolone cheese blend.

## SAUSAGE GRAVY & BISCUITS

Three buttermilk biscuits covered with sausage gravy. \$7.99

**SCRAMBLE BOWL** A bowl of two eggs your style, shredded cheese, home fries, mushrooms, onion, and green peppers. \$6.99  
 Add sausage \$1.00 Add bacon 50¢ Add hot sauce 50¢

## YOU PICK OMELETTE

Customized omelette made with three eggs. Served with home fries. \$6.99

### You Pick Three Ingredients:

**Meat:** pepperoni, Italian sausage, ham, or bacon.

**Veggies:** white onion, red onion, black olives, mushrooms, green peppers, banana peppers, jalapenos, broccoli, tomato, spinach, or pineapple.

**Cheese:** Mozzarella, Pepper-jack, American, Swiss, or Cheddar.



## EXTRAS

**Sausage Links Two for \$1.99**

**Egg 99¢**

**Home Fries \$3.99**

**Tater Tots \$3.99**

**Toast: White, Rye, or 9-Grain 99¢**

**Homemade Corn Beef Hash \$3.99**

**Fresh Fruit Cup \$2.99**



## Cocktails

Mimosas \$4

Bottle of Champagne with

Choice of Juice \$24.99

Orange, Pineapple, or

Grapefruit



Bloody Mary \$4

Ultimate Bloody Mary \$6

## NON - ALCOHOLIC DRINKS

Coffee or Tea \$2.00

Juice \$2.50

Orange, Apple, Pineapple, or Grapefruit